

DRUMBEAT *for kids*



Discovering Relationships Using Music, Beliefs, Emotions, Attitudes and Thoughts

This DRUMBEAT program is for children (9–13 years) who have experienced unhealthy relationships

Dates

9 weeks

12 October - 7 December

When

Wednesdays

4pm - 5pm

Where

Wallan
venue to be
advised



Join us for nine weeks of drumming and fun.

The program can help your child in the following ways:

- improve their mental wellbeing
- increase their self-esteem
- reduce their stress levels
- build their communication and teamwork skills.

**For more information, call FamilyCare's
Central Intake 1800 161 306**