



Tuning in to Kids

Emotionally Intelligent Parenting

A six session parenting program for parents

Would you like to learn how to

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?



Tuning in to Kids shows you how to help your child develop *emotional intelligence*. Children with higher emotional intelligence

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

Call Liza on 0429 908 731 to register your place or register online [here](#)

Tuesdays 10am to 12noon

6 October to 10 November

Online

This workshop is for parents and/or carers in the Goulburn Region (Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi) with children aged between 2-10 years only.