



TUNING IN TO KIDS

**A FREE five session program for parents and carers of
2 -12 year old children**

Would you like to learn how to

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

**Tuedays 10.30am - 12.30am
starting 14th May - 11th June 2024
FamilyCare 49 Broadway Street, Cobram**

*"You are not
alone"*

**Register online
or call Central Intake
1800 161 306**



This workshop is for parents and/or carers in the Goulburn Region
(Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi)