



TUNING IN TO KIDS

A FREE five session program for parents and carers of 2 -12 year old children

Would you like to learn how to

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuesdays 1pm - 3pm
starting 14th May - 18th June 2024
FamilyCare 19 Welsford St, Shepparton

*"You are not
alone"*

Register online
or call Central Intake
1800 161 306



This workshop is for parents and/or carers in the Goulburn Region (Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi)