



Connections

A relationship building group for mothers and young children (0-4 years) who have experienced family violence

FamilyCare, Shepparton

Tuesdays

5 Oct - 7 Dec 2021

10am - 12 noon

Call FamilyCare Central Intake

1800 161 306

Drumbeat for Women

Discovering Relationships Using Music, Beliefs, Emotions, Attitudes and Thoughts

A group for women who have experienced family violence

FamilyCare, Shepparton

Thursdays

7 Oct - 2 Dec 2021

10am - 11:30am

Call FamilyCare Central Intake

1800 161 306

The Importance of Play

Playing together is one of the most effective tools for building strong relationships with your child

ONLINE

Wednesday

10 Nov 2021

10am - 12 noon

[Register here](#)

Tuning in to Teens

A program for parents of 10 -16 year olds. Learn how to help your teenager develop emotional intelligence

ONLINE

Mondays

8 Nov - 13 Dec 2021

10am - 12 noon

[Register here](#)

Emotion Coaching

For parents and carers of children 2-10 years of age who would like to understand their children's emotional development and learn how they can connect with their children.

ONLINE

Thursday 28 Oct 2021

10am - 12 noon

[Register here](#)

Drumbeat for kids

A group for children who have experienced unhealthy relationships

FamilyCare, Shepparton

children 6-8 years

Mondays

4 Oct - 29 Nov 2021

4pm - 5pm

Wallan venue tba
children 8-12 years
Wednesdays

6 Oct - 24 Nov 2021

4pm-5pm

FamilyCare, Shepparton

children 8-12 years

Thursdays

7 Oct - 2 Dec 2021

4pm - 5pm

Call FamilyCare Central Intake

1800 161 306

Dads Tuning in to Kids

A program for parents of 2 -12 year olds. Learn how to help your child to understand and manage feelings

ONLINE

Tuesdays

12 Oct - 23 Nov 2021

6pm - 8pm

[Register here](#)

CHILD & FAMILY SERVICES PROGRAM TIMETABLE TERM 4, 2021

Call FamilyCare Central intake on 1800 161 306 for more information

