

Welcome to our **FREE** Maternal and Child Health Service.

Going to all of my key age and stage visits is important for my development. Please take me so I can:

- ✓ Be measured
- ✓ Be weighed
- ✓ Have my eye sight checked
- ✓ Learn about play, food and sleeping
- ✓ Be ready for kindergarten
- ✓ Be ready for school



Don't forget to bring **my Health, Learning and Development book** so we can record all of my milestones and information.



We are here to help.

Please call **5832 9312** to book an appointment or for more information about the Greater Shepparton Maternal and Child Health Service.

You can also go to www.greatershepparton.com.au to find a session timetable (available in different languages).