



For more information

Christmas Survival Guide

Talk to your case worker about planning for Christmas. Here are a few tips to get you started.



Budgeting

Use FamilyCare's saving tracker to put aside \$25 every week from 1 October to 17 December and you will have \$250 saved to use for food and gifts.



Gifts

Set realistic amounts for gifts for each family member and stick to them. Other families might spend more or less than yours – that is ok.



Food

Start buying snack food and soft drink each week and store it away for Christmas – make sure the kids don't find your stash and raid it!



Avoid Afterpay

Be careful with Buy Now Pay Later – whilst it might help you out in a pinch today, it will also create a bigger pinch in the following weeks!



Ask for HELP!

Sometimes Christmas feels overwhelming, ask your case worker for help and start planning as early as possible.

