

DRUMBEAT

for kids



Harnessing Hope

Outside support for inside healing

Discovering Relationships Using Music, Beliefs, Emotions, Attitudes and Thoughts



This DRUMBEAT program is for children (9-13 years) who have experienced unhealthy relationships or been exposed to historical family violence

Dates

9 Weeks

24 April - 19 June

When

Wednesdays

4pm - 5pm

Where

FamilyCare

64 High St, Seymour

Join us for nine weeks of drumming and fun. The program can help your child in the following ways:

- improve their mental wellbeing
- increase their self-esteem
- reduce their stress levels
- build their communication and teamwork skills.

This Program is FREE of charge

For further information and enquiries, please phone

Karen on 0408 358 218

To register call

FamilyCare's Central Intake 1800 161 306