



**A FREE six session program for parents and carers of
2 -12 year old children**

Would you like to learn how to

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

**Mondays 12.30pm - 2.30pm
starting 12th August - 16th September 2024
ONLINE**



**Register online now
or call Central Intake
1800 161 306**



QR Code to Register

This workshop is for parents and/or carers in the Goulburn Region
(Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi)